**Harvard Medical School**

**CURRICULUM VITAE**

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| **Date Prepared:** | June 3, 2021 |
| **Name:** | **Charlotte R. Blease, MA, PhD** |
| **Office Address:** | Beth Israel Deaconess Medical Center-  Division of General Medicine / Section for Research / Open Notes  133 Brookline Avenue, HVMA Annex, Suite 2200  Boston, MA 02115 |
| **Work Phone:** | N/A |
| **Work Email:** | [cblease@bidmc.harvard.edu](mailto:cblease@bidmc.harvard.edu) |
| **Place of Birth:** | Belfast, Northern Ireland, UK |

Education:

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| --- | --- | --- |
| 2000 | BSc (Hons), Science Policy and Communication | University College London |
| 2003 | MA, *with distinction*, Philosophy | Queen’s University, Belfast |
| 2008 | PhD, *pass with no corrections*,  Philosophy, Thesis advisors: Prof. Cynthia MacDonald and Prof. Alan Weir | Queen’s University, Belfast |

Postdoctoral Training:

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| 5/13-7/13 | International Postdoctoral Fellow Centre for Mind, Brain & Cognitive Evolution | Ruhr University, Bochum, Germany |
| 10/13-9/15 | Postdoctoral Fellow, Government of Ireland Philosophy of Medicine & Ethics | University College Dublin  Ireland |
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Visiting Research Fellowships:

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| 10/15-8/16 | Non-Clinical Research Fellow, Wellcome Trust ISSF, Medical Humanities | University of Leeds, England,  UK |
| 10/17-9/18 | Scholar, Fulbright-HRB, Program in Placebo Studies and Therapeutic Encounter, Division of General Medicine/Section for Research | Harvard Medical School/Beth Israel Deaconess Medical Center, Boston, MA |
| 10/17- | **Research Fellow in Medicine**, Irish Research Council & Marie Sklodowska Curie International/Placebo Studies and Therapeutic Encounter, Division of General Medicine/Section for Research, BIDMC and the School of Psychology, University College Dublin | **Harvard Medical School** |

Faculty Academic Appointments:

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| 9/9-2/13 | Adjunct Lecturer, School of Politics, International Studies and Philosophy | Queen’s University, Belfast  Northern Ireland, UK |

**Other Professional Positions:**

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| 2011-2013 | Outreach Officer, School of Philosophy | Queen’s University, Belfast, N. Ireland, UK |
| 9/16-9/17 | Research Assistant | Dublin Institute for Advanced Studies, Ireland |
| 10/19- | **Keane Visiting Scholar**, OpenNotes, Division of General Medicine/Section for Research | **Beth Israel Deaconess Medical Cente**r |

Major Administrative Leadership Positions:

International:

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| --- | --- | --- |
| 2015-2016  2014-2020  2016-2017  2020- | Consultant, Philosophy Curriculum and Co-Author, Philosophy School Curriculum  Co-Founder/Chair/Steering Group Member  Co-Founder/Chair/Steering Group Member  Member of the Ethical Advisory Group established by RQAI as part of the [Expert Review](https://www.rqia.org.uk/reviews/rqia-s-neurology-work-programme/expert-review-of-records-of-patients-of-dr-watt-wh/) of the records of the deceased patients of Dr W, a consultant neurologist. | National Council for Curriculum and Assessment, Dublin, Ireland  Society for International Placebo Studies (‘SIPS’)  Philosophy Ireland (‘PI’)  Northern Ireland's Regulation & Quality Improvement Authority (RQIA) |

Committee Service:

International:

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| --- | --- |
| 2016-2017 | Member, Irish Early Career Research Committee, EU Bratislava Declaration translated into policy, recommendations for Irish Government |
| 2016- | Steering Group Member, Philosophy in Education Project, UK |
| 2017- | Steering Committee Member, Northern Ireland Ethics Forum 2017 |

Professional Societies:

|  |  |
| --- | --- |
| 2011- | Society for Applied Philosophy, Member |
| 2013-2016 | Society for Women in Philosophy Ireland, Member |
| 2014-  2014-2021 | Society for Interdisciplinary Placebo Studies, Co-Founder  Steering Group Committee Member, Society for Interdisciplinary Placebo Studies |
| 2014- | Human Behavior and Evolutionary Psychology Society, Member |
| 2016- | British Psychological Society, Affiliate Member |

Grant Review Activities:

|  |  |
| --- | --- |
| 2012 | Peer Reviewer for Postdoctoral Award, Arts and Humanities and Humanities  Research Council, UK |
| 2013-2015 | Peer Reviewer for People Awards and Society and Ethics Awards, Wellcome Trust, UK |
| 2019 | Peer reviewer for 5-year investigator award, Croatian Science Foundation |
| 2020 | Peer Reviewer for Research Fellowship in the Humanities and Social Sciences, Wellcome Trust, UK |

Editorial Activities:

Editorial Boards:

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| --- | --- |
| 2020-  2019- | Frontiers in Public Health  Journal of Philosophy in Schools |

Ad hoc Reviewer:

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| --- | --- |
| 2019 | Annals of Surgery |
| 2019 | Australian Journal of General Practice |
| 2020 | Behavioral Sciences |
| 2014- | Bioethics |
| 2015-17 | British Journal for the Philosophy of Science |
| 2017 | BMC Medical Ethics |
| 2020 | BMC Public Health |
| 2017- | BMJ |
| 2018- | BMJ Quality and Safety |
| 2018-  2020 | Canadian Journal of Medicine  Counselling and Psychotherapy Research |
| 2013 | Dove Medical Press |
| 2014 | Ethics and Behavior |
| 2021  2016- | F1000Research  Frontiers in Psychiatry |
| 2015- | Frontiers in Psychology |
| 2017 | JAMA |
| 2016- | Journal of Clinical Psychology |
| 2017- | Journal of Health Psychology |
| 2009- | Journal of Medical Ethics, *named 1 of 25 ‘Super Reviewers’ in 2016-2017* |
| 2010 | Human Ecology – An Interdisciplinary Journal |
| 2008 | Mind-Body Regulation |
| 2009 | MIT Press, Medical Ethics Division |
| 2013- | Perspectives in Biology and Medicine |
| 2012- | PLOS One |
| 2015 | Philosophy, Psychiatry and Psychology |
| 2014 | Psychology of Consciousness: Theory, Research, and Practice |
| 2013-15  2020 | Review of General Psychology  Scientific Reports |
| 2012 | Sociology Compass |
| 2016- | Studies in the History and Philosophy of Science |
| 2015 | Synthese |
| 2014 | Theoretical Medicine and Bioethics |
| 2014 | The World Journal of Biological Psychiatry |

Other Editorial Roles:

|  |  |
| --- | --- |
| 2012 | Peer Reviewer, book proposal, Medical Ethics Division, MIT Press |
| 2015 | Co-Editor of special issue, *Psychotherapy and the Placebo Effect,* Psychology of Consciousness: Theory, Research and Practice |
| 2017 | Co-Editor, special section, *The Meaning Response and the Placebo Effect,* Perspectives in Biology and Medicine |
| 2020 | Guest Editor, Frontiers in Psychiatry |

Honors and Prizes:

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| --- | --- | --- |
| 1997 | Entrance Scholarship, Faculty of Mathematics and Physical Sciences  Total award: £500 | University College London, England, UK |
| 2005-2007 | Doctoral Studentship, Department of Education and Library Board  Total award: £25,400 | Northern Ireland, UK |
| 2012,2013 | Travel Award (x2)  Total awards: £1100 | Society for Applied Philosophy, UK |
| 2012-2013 | BBC New Generation Thinkers Award  UK-Wide Competition | BBC Radio 3 Arts & Culture and Humanities Research Council |
| 2014 | Winner, International Essay Competition  Total award: £500 | Society for Human Behavior & Evolution, USA |
| 2014 | Editor’s Pick, Fulbright Dublin talk, *Hypocritical Oaths: Medicine’s Dirty*  *Secrets* | TEDx |
| 2014 | Mobility Grant  Total award: €1875 | Royal Irish Academy, Dublin, Ireland |
| 2016 | Named, one of 18 researchers guaranteed to broaden your understanding of the word | Silicon Republic Magazine |
| 2016 | Patron, SAPERE, UK | Philosophy for Children Education  Charity, UK |
| 2016 | Named, one of 20 incredible women leading the way to scientific advancement | Silicon Republic Magazine |
| 2017 | Scholar Award, Fulbright-HRB  Total award: €10,000 | Fulbright Commission, USA & Ireland |

**REPORT OF FUNDED AND UNFUNDED PROJECTS**

Funding Information:

Past:

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| --- | --- |
| 2013 | *Evolutionary Psychology and Facebook Depression*  Ruhr University Postdoctoral Visiting International Fellow, Germany  Principal Investigator. Total award: €2500  Principal Investigator on project investigating evidence for Facebook depression. |
|  |  |
| 2013-2105 | *The Placebo Effect and Psychotherapy: An Ethical Analysis*  Government of Ireland Postdoctoral Fellowship  Principal Investigator. Total award: €85,775.  This project investigated informed consent and the placebo effect. Specifically, it investigated conditions for ethical informed consent to medical and psychological treatments for depression in light of placebo effects in psychotherapy. |
|  |  |
| 2014 | *International Workshop on Placebo Effect and Psychotherapy*  Brocher Fondation, Geneva, Switzerland. Workshop Grant  Principal Organizer. Total award: CHF 14000  The aim of this workshop was to bring together leading international scholars drawn from placebo studies, psychotherapy research, philosophy of psychology, and healthcare ethics to launch an international research network on conceptual and ethical issues pertaining to the role of the placebo effect in psychotherapy. The *Society for Interdisciplinary Placebo Studies* was formed at this meeting. |
|  |  |
| 2015 | *Philosophy and the Irish School*  Society for Applied Philosophy Award  Principal Organizer. Total award: £1500.  The aim of this award was to bring together educationalists, philosophers, psychologists, policy-makers, and teachers to explore the role of philosophy in Irish schools. *Philosophy Ireland* (a national philosophy in education network) was initiated at this event. |
|  |  |
| 2015 | *Lay Attitudes about How Cognitive Behavioral Therapy Works*  Career Development Award  University College Dublin Seed Funding  Principal Investigator. Total award: €4960.  This award enabled me to work with Dr. John Kelley (Program in Placebo Studies, Harvard Medical School) to explore lay attitudes about the role of specific and common factors in  cognitive behavioral therapy (‘CBT’). The study investigated whether different client disclosures affect lay attitudes about the relative importance of specific and common factors in the treatment for depression using CBT. |
|  |  |
| 2015-2016 | *The Value of Illness Narratives in Medical Education*  Wellcome Trust ISSF Non-Clinical Fellowship, UK  Principal Investigator. Total award: £15,000.  This project critique of the role of the medical humanities in medical education. |
|  |  |
| 2016 | *Philosophy Ireland Network Development*  Educational Studies Association of Ireland Special Interest Group Award  Co-organizer. Total award: €2500  This award facilitated the establishment of *Philosophy Ireland* including website design, marketing costs, travel and speakers’ fees for philosophy outreach events, and expenditure for the official launch in August 2016. |
|  |  |
| 2017 | *Philosophy in Schools and the Young Philosopher Awards*  Seed Award, University College Dublin  Co-Investigator. Total award: €9,330.56  One aim of this project is to launch an undergraduate philosophy training initiative in the School of Philosophy, University College Dublin. The students will be trained in the pedagogy philosophy for children (P4C) and lead teacher-supervised placements in local primary schools. The second phase will launch The Irish Times sponsored Young Philosophers of the Year Awards – a new national competition that aims to encourage philosophy among primary and secondary school students. |
|  |  |
| 2017-2018 | *Concept of Placebo*  Fulbright-HRB Scholar Award, USA/Ireland  Principal Investigator. Total award: $10,000  This award is aimed at investigating the placebo construct from a cognitive science/philosophy of science perspective. The project will clarify the concepts ‘placebo’ and ‘placebo’ effect by producing a unified, multi-level definition of these terms. |
|  |  |
| 2018 | *Opinions of UK GPs on the Future of Primary Care*  University of Basel, Switzerland  Principal Investigator Total award: $5000  This award will investigate the opinions of UK GPs on the likelihood that machine learning technology will replace key primary care tasks, and if so likely, how soon this might happen. |
|  |  |
| 2017-2019 | *An Interdisciplinary Analysis of Informed Consent to Psychological Treatments*  Irish Research Council-Marie Sklodowska-Curie International Fellowship CLN/2017/226  Principal Investigator. Total award: €288,167.40  This three-year grant will evaluate current ethical standards of informed consent to psychological treatments. One phase of the project surveys therapists’ attitudes about the purposes, need, and content of client informed consent to therapy. A second phase conducts qualitative studies of former clients’ attitudes and understanding of how therapy works. Thirdly, the project will provide an ethical analysis of current disclosure practices. |
|  |  |
| 2020-2024 | *Beyond Implementation of eHealth* |
|  | PI: Maria Hägglund; Co-investigator: Charlotte Blease (and other partners).  Funding: 5 800 000 SEK  Project partners: Uppsala University (Sweden) and Beth Israel Deaconess Medical Centre  Time: start date July 1st, 2020.  The main objective of this research is to explore key factors that will affect implementation and adoption of collaborative eHealth, that is eHealth that is used by both patients and healthcare professionals, and to propose concrete interventions or tools to ensure widespread adoption of such eHealth. One of the more discussed collaborative eHealth tools that have been implemented in recent years, both in Sweden and internationally, is the patient accessible electronic health record (PAEHR), or open notes as referred to in the USA. We will use the implementation of PAEHRs or open notes in the USA and in Sweden as our example case. We choose this because it is a widespread type of eHealth system, it is used by both healthcare professionals, patients, and family caregivers, it has been controversial and debated, and it affects power hierarchies, professional and patient roles. Healthcare organizations (in the USA) and regions (in Sweden) have taken different approaches to implement the innovation, and adoption and actual use still vary widely between contexts. |

**Training Grants and Mentored Trainee Grants**

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| --- | --- |
| 2010-2012 | Royal Institute of Philosophy Jacobsen Award  8 x £1000 Teaching Fellowship  Devise an introductory course on philosophy and deliver it to 16- to 18-year-old pupils in eight high schools in Northern Ireland. |
|  |  |
| 2011 | Royal Institute of Philosophy Conference Award  £1150 Conference Grant  PI on project delivering a one-day introduction to philosophy conference to local high school children. Hosted at Queen’s University, Belfast. |
|  |  |
| 2012 | Royal Institute of Philosophy Outreach Award  £1510 Outreach Grant  Co-PI on award to set up Undergraduate Philosophy Outreach initiative at Queen’s University, Belfast. |
|  |  |
| 2018 | Fulbright Visiting Scholar Enrichment Seminar  Selected to attend 3-day seminar, *Seattle: A Home for Tech and Innovation for Global Good*, Seattle, WA. |

Unfunded Current Projects:

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| --- | --- |
| 2019-2022 | Monograph project on psychology of patient-doctor appointment for general readership. Commissioned by Yale University Press Trade |

**Conference Organization**

2014 The Placebo Effect and Psychotherapy: An Ethical Analysis.

Principal organizer of 2.5day interdisciplinary workshop for 30 scholars

Brocher Fondation, Geneva, Switzerland.

Sponsored by the Brocher Fondation

**REPORT OF LOCAL TEACHING AND TRAINING**

Teaching of Students:

2008-2009 Epistemology School of Politics, International Studies and

Undergraduate Philosophy students Philosophy

Queen’s University, Belfast

20 students

Level 2: 2x one-hour lecture

2008-2009 Philosophy of Mind School of Politics, International Studies and

Undergraduate Philosophy students Philosophy

Queen’s University, Belfast

30 students

Level 2: weekly one-hour tutorial

2008-2009 Moral Theories School of Politics, International Studies and

Undergraduate Philosophy students Philosophy

Queen’s University, Belfast

30 students

Level 2: weekly one-hour tutorial

2009-2010 Epistemology School of Politics, International Studies and

Undergraduate Philosophy students Philosophy

Queen’s University, Belfast

22 students

Level 2: weekly one-hour tutorial

2009-2010 Moral Theories School of Politics, International Studies and

Undergraduate Philosophy students Philosophy

Queen’s University, Belfast

22 students

Level 2: weekly one-hour tutorial

2009-2010 Philosophy of Science School of Politics, International Studies and

Undergraduate Philosophy students Philosophy

Queen’s University, Belfast

31 students

Level 3: weekly 2x one-hour lecture and one- hour tutorial

2009-2010 Mind and Nature School of Politics, International Studies and

Undergraduate Philosophy students Philosophy

Queen’s University, Belfast

33 students

Level 3: weekly 2x one-hour lecture and one- hour tutorial

2010-2011 Philosophy of Science School of Politics, International Studies and

Philosophy

Queen’s University, Belfast

18 students

Level 3: weekly 2x one-hour lecture and one- hour tutorial

2010-2011 Introduction to Philosophy School of Politics, International Studies and

Undergraduate Philosophy students Philosophy

Queen’s University, Belfast

128 students

Level 1: weekly 2x one-hour lecture

2011-2012 Introduction to Philosophy School of Politics, International Studies and

Undergraduate Philosophy students Philosophy

Queen’s University, Belfast

119 students

Level 1: weekly 2x one-hour lecture

2012-2013 Philosophy of Science School of Politics, International Studies and

Undergraduate Philosophy students Philosophy

Queen’s University, Belfast

21 students

Level 3: weekly 2x one-hour lecture and one- hour tutorial

2016 Informed consent in Psychotherapy School of Healthcare

Counseling and Psychotherapy Masters University of Leeds, UK

Students MSc Level

15 students

2017 Medical epistemology School of Philosophy, University College Lecture on course entitled ‘When Experts Dublin.

Disagree’. MA Level

Philosophy and Cognitive Science Masters 14 students

Students.

2017-18 Informed consent to Psychotherapy School of Healthcare

Counseling and Psychotherapy Masters University of Leeds, UK

Students’ thesis supervision MSc Level Thesis

1 student

2019 Physician empathy in general practice Department of Clinical Psychology MSc student thesis supervision and Psychotherapy

University of Basel, Switzerland

MSc Level Thesis

1 student

2019-2021 Lay attitudes to open label placebos Department of Clinical Psychology and

MSc student thesis supervision Psychotherapy

University of Basel, Switzerland

MSc Level Thesis

1 student

2020 Sharing Clinical Notes in Psychotherapy: Department of Clinical Psychology and

Ethical Considerations Psychotherapy

Psychotherapy trainees University of Basel, Switzerland

27 Post-Masters, Psychotherapy students

2021- PhD co-supervisor of Department of Women’s and Children’s Health

Josefin Hagström University of Uppsala, Sweden

Patients’ adolescent patients’ access to

their clinical records

2021- PhD co-supervisor of Léo Druart Department of Physiotherapy

Placebo effects and contextual models of University of Grenoble, France

care

Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs):

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| --- | --- | --- |
| 2019-2020 | Medical Ethics  Postdoctoral level student | School of Public Health  Brown University, Rhode Island, USA |

Formal Teaching of Peers (CME):

*Those presentations below sponsored by 3rd parties/outside entities are so noted and the sponsor(s) is (are) identified*

|  |  |  |
| --- | --- | --- |
| 2020  2020 | Sharing Clinical Notes with Patients: Benefits, Risks and Challenges  Invited Webinar  **How to Effectively and Transparently Share Patient Records**  Invited Webinar | American Psychiatric Association  *Sponsored – fee received.*  University of Plymouth  *Sponsored by EPIC – no payment received* |

Local Invited Presentations:

*Those presentations below sponsored by 3rd parties/outside entities are so noted and the sponsor(s) is (are) identified*

|  |  |  |
| --- | --- | --- |
| 2013 | An Ethical Analysis of Psychotherapy as a Placebo  Invited Lecture | Institute for Medical Ethics and History of Medicine  Ruhr University, Bochum, Germany |
|  |  |  |
| 2013 | Explaining Cultural Differences: Evoked Culture and Mild Depression  Fellowship Lecture | Centre for Mind, Brain, and Cognitive Evolution  Ruhr University, Bochum, Germany |
|  |  |  |
| 2017 | Informed Consent and Clinical Trials  Lecture | Division of General Medicine  Beth Israel Deaconess Medical Center |
|  |  |  |
| 2018 | Ethics of Placebos in Pediatric Research  Invited Lecture | Placebo Pediatric Research Group  Boston Children’s Hospital |

**REPORT OF REGIONAL, NATIONAL, AND INTERNATIONAL INVITED TEACHING AND PRESENTATIONS**

*Those presentations below sponsored by 3rd parties/outside entities are so noted and the sponsor(s) is (are) identified.*

**Regional:**

|  |  |
| --- | --- |
| 2018 | Fulbright International PhD Studentships  Invited Speaker, Fulbright Scholar  Hillel House, Cambridge, MA |

**National:**

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| --- | --- |
| 2012 | The Duty to be Well Informed: Depression and Informed Consent  Selected abstract for platform presentation  Annual Medical Humanities Conference, Western Michigan University  Kalamazoo, MI |

**International:**

|  |  |
| --- | --- |
| 2012 | Paternalism and Psychodynamic Psychotherapy  Selected Abstract  New Perspectives on Paternalism: Postdoctoral Workshop  Hamburg University, Germany  Sponsored by the Department of Health, German Federal Government  *Honorarium received* |
|  |  |
| 2013 | Mental Health Illiteracy  Invited Keynote  British Postgraduate Association (BPA) Workshop on Philosophy of Psychiatry  University College London  *Sponsored by BPA* |
|  |  |
| 2013 | Ethics and the Placebo Effect  MSc Guest Lecturer  Workshop on Concepts and Ethics of the Placebo Effect, Division of Psychology, and Clinical Psychology and Psychotherapy. University of Basel, Switzerland  *Honorarium received* |
|  |  |
| 2014 | Common Factors Research in Psychotherapy  Invited Presentation  Mater Misericordiae University Hospital, Dublin |
|  |  |
| 2104 | What Evolution Can Do for Psychiatry  Invited Presentation  Symposium on The Future of Diagnosis in the DSM V  Brocher Fondation, Geneva, Switzerland |
|  |  |
| 2014 | Connecting Evolutionary Psychology with Placebo Research in Psychotherapy  Invited Lecture  Program in Placebo Studies and Therapeutic Encounter  Harvard Medical School/Beth Israel Deaconess Medical Center,  Boston, USA |
|  |  |
| 2015 | Talking More about Talking Cures: Psychotherapy and Evolutionary Models of Depression  Selected Abstract  Human Behavior and Evolution Society, annual meeting  Natal, Brazil |
|  |  |
| 2015 | Philosophy in Schools  Invited Presentation  Society for Women in Philosophy, Dublin |
|  |  |
| 2015 | The Dangers of Common Sense: The Role of Narrative in Medical Education  Invited Presentation  Workshop on Gender, Medicine, and the Body  Trinity College, Dublin |
|  |  |
| 2015 | The Placebo Effect and Psychotherapy  Invited Lecture  School of Philosophy, University of Bristol |
|  |  |
| 2016 | The Placebo Effect and Psychotherapy  Invited Presentation  Workshop on the Placebo Effect, Universidad Nacional de Educacion a Distancia (UNED) Madrid |
|  |  |
| 2016 | Evidence-Based Practice and Informed Consent to Psychotherapy  Selected Abstract  Joint meeting of the British Psychological Society’s History and Philosophy of Psychology and Critical Psychiatry Network  Leeds Trinity University, Leeds, UK |
|  |  |
| 2016 | Empathetic Care: What do Patients and Practitioners Know?  Selected abstract  Launch of Oxford Empathetic Care Program, Department of Primary Care Health Sciences,  University of Oxford |
|  |  |
| 2016 | Epistemic Injustice and Chronic Fatigue Syndrome  Selected Abstract  Society for Women in Philosophy  National University of Ireland, Galway |
|  |  |
| 2017 | Epistemic Injustice and Chronic Fatigue Syndrome  Invited Presentation  Northern Ireland, Ethics Forum  School of Law, Queen’s University, Belfast |
|  |  |
| 2017 | Epistemic Injustice and Chronic Fatigue Syndrome  Invited Presentation  Northern Ireland, Ethics Forum  School of Law, Queen’s University, Belfast |
|  |  |
| 2017 | Informed Consent in Clinical Trials: Where is the Placebo Effect?  Invited conference presentation  First Society for Interdisciplinary Placebo Studies Conference  University of Leiden, the Netherlands |
|  |  |
| 2017 | Empathy in Medicine: Limitations for Clinical Practice  Resilience Workshop  St James’ Hospital, Dublin  Trinity College Dublin, Sponsored by St James’ Hospital  *Honorarium received* |
|  |  |
| 2017 | Implicit Bias in Clinical Practice  Staff Training Day  School of Medicine, Dentistry, and Biomedical Sciences  Queen’s University, Belfast  *Honorarium received* |
|  |  |
| 2019  2021  2021  2021 | Open-Label Placebos: Reflections on a Research Program  Invited conference presentation  Second Society for Interdisciplinary Placebo Studies Conference  University of Leiden, the Netherlands  Sharing mental health notes: Perspective from the USA  Invited conference presentation  Vitalis (largest annual e-Health conference in Scandinavia)  Sweden  Sharing Patient Access to Clinical Notes, and Placebo and Nocebo Effects  Invited Plenary Lecture  Third Society for Interdisciplinary Placebo Studies Conference  University of Maryland, Baltimore, USA  Summer school for PhD students.  Invited Keynote  School for PhD students in the UK holding awards from the Northern Bridge partnership funded by the UK's Arts & Humanities Research Council (AHRC)  Arts and Humanities Research Council, UK. |
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**REPORT OF TEACHING AND EDUCATION INNOVATIONS**

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| --- | --- |
| 2008-2013 | Construction of student-lecturer signed contract at the beginning of lecture modules in my teaching practice. This was designed to motivate and encourage students to attend class and submit work on time. Contract was made visible to students online. |
|  |  |
| 2011-2013 | Initiated Queen’s University Philosophy outreach project. Undergraduate philosophy students earned a SAPERE teaching certificate in the pedagogy ‘philosophy for children’ and taught 6-week long sessions in local primary schools. |
|  |  |
| 2012-2013 | Devised philosophy teaching packages for the CCEA (Council for Curriculum, Examinations, and Assessment in Northern Ireland). These packages were designed to aid the teaching of ethics and philosophy of religion among religious studies teachers. |
|  |  |
| 2015-2016 | Consultant to the NCCA (National Council for Curriculum and Assessment in Ireland) and co-author of the new Junior Cycle Short Course in Philosophy for 12-16-year-olds in the Irish school curriculum. This course embedded the pedagogy ‘Philosophy for Children’ (P4C) in the course. |
|  |  |
| 2016 | Inclusion of ethics and informed consent in training MA students of Counseling and Psychotherapy at the School of Healthcare, University of Leeds. Developed with Dr. Gillian Proctor, University of Leeds. |

**REPORT OF EDUCATION OF PATIENTS AND SERVICE TO THE COMMUNITY**

*Those presentations below sponsored by 3rd parties/outside entities are so noted and the sponsor(s) is (are) identified.*

Activities:

|  |  |
| --- | --- |
| 2010 | Instructor, Queen’s University Outreach Centre, Five-week course (2x one-hour lecture per week), adult learners: 20 students |
| 2011  2020- | Instructor, Introduction to History and Philosophy of Psychiatry (for lay audience), Queen’s University Outreach Centre, five-week course (2x one-hour lecture per week)  Adult learners: 24 students  Member of the Ethical Advisory Group established by Northern Ireland's Regulation & Quality Improvement Authority (RQIA) as part of the [Expert Review](https://www.rqia.org.uk/reviews/rqia-s-neurology-work-programme/expert-review-of-records-of-patients-of-dr-watt-wh/) of the records of the deceased patients of Dr W, a consultant neurologist. |

**Conference Organization**

2011 Introduction to Philosophy

Principal organizer of a one-day conference for 120 high school students

Queen’s University, Belfast

Sponsored by the Royal Institute of Philosophy

2015 Philosophy and the Irish School.

Co-organizer of one day symposium

Attended by 100 people

School of Philosophy, University College Dublin.

Sponsored by the Society for Applied Philosophy; Fulbright Ireland; The Irish Philosophical Society; and The Newman Centre

2016 Launch of Philosophy Ireland

Co-organizer of one day event

Attended by 70 people including our Patron First Lady of Ireland Sabina Higgins

The Irish Georgian Society. Dublin

Sponsored by The Education Studies Association of Ireland

**Educational Material for Patients and the Lay Community:**

Books, Monographs, Articles and Presentations in Other Media:

Print and Online Media:

2011 Empowering young minds of Feature in *The Irish News* July 19th, 2011

future Readership: 40K daily

2012 We think therefore we learn Interview with Joe Humphreys February 21st, 2012

*The Irish Times* Available online

Readership: 85K daily

2012 Research communications: Invited online panelist

Building good academic-media *The Guardian*

Relationships

2013 Can a shot of the humanities Notes & Theories, Nov. 4th, 2013

make doctors more humane? *The Guardian* Available online.

Shared: 121 times

2015 Is psychotherapy a license Interview with Joe Humphreys April 1st, 2015

to deceive? *The Irish Times* Available online

Readership: 85K daily

2015 The talking cure taboo Invited blog for *BMJ* BMJ Blogs (online) Internet traffic: 10m/month April 20th, 2015

2015 How Facebook is changing Interview in *The Kernal*  May 3rd, 2015

the way we think and feel Internet traffic: 12m/month Available online

2015 Philosophy is a right Invited feature for Irish May 5th, 2015

Primary Principal’s magazine

*Leadership+*

Distribution: 7K

2015 Antidepressants: The real Interview with Katie May 13th, 2015.

story behind their increase Byrne for *The Herald* Available online

in use and side-effects Readership: 49.5K daily

2015 Research on the placebo Invited feature *The Herald* May 14th, 2015

effect is a bitter pill for Readership: 49.5K daily Available online

pharmaceutical companies

to swallow

2015 Facebook Depression Feature on my article in May 25th, 2015

*Psychology Today* Available online

2015 Philosophy: the subject that Interview in *The Irish Times* August 15th, 2015

Improves children’s literacy, Readership: 85K daily Available online

Numeracy and conduct

2015 Education for what? Editorial in *The Irish Times* August 22nd, 2015

The compelling case Readership: 85K daily Available online

for critical thinking

2015 Is Facebook luring you into Interview with Chelsea Wald Dec. 3rd, 2015

being depressed? for *Nautilus* Available online

Internet traffic:7m/year

2016 Why the most hated person Interview with Caitlin Gibson March 22nd, 2016

on the internet today is for *The Washington Post* Available online

probably someone you have Readership: 475K daily

never heard of

2016 Meaningful and sensible Interview with Jose Viosca May 2nd, 2016

placebos for *Mapping Ignorance* Available online

2016 Is this on the exam? The Invited feature in *The Irish* May 2nd, 2016

pressing need for philosophy *Times* Available online

in schools Readership: 85K daily

2016 Talking a philosophical Interview with Claire June 3rd, 2016

approach to healthcare O’Connell forAvailable online

*Silicon Republic*

Internet traffic: 250K/month

2016 Talking therapy is on the Interview with Katie Byrne June 28th, 2016

rise but who are we talking to? for *The Irish Independent* Available online

Readership: 108.5K daily

2016 My research heroes: The Invited Blog for *Irish* July 2016

need for cosmopolitan *Research Council* Available online

Ideas Also published in

*Silicon Republic*

Internet traffic: 250K/month

2016 Sabina Higgins backs Interviewed for feature August 28th, 2016

campaign for teaching *The Irish Times* Available online

philosophy in schools Readership: 85K daily

2016 Philosophy course for Interviewed for feature August 29th, 2016

our schools; Front page, page 2, Comment Available online

Thinking caps are pulled on page 12 of

As philosophy hits schools; *The Irish Daily Mail*

Get priorities right Readership: 217K daily

2016 Mind the gap: Ethical Invited blog for *BMJ* December 6th, 2016

failures in the treatment of Internet traffic: 10m/month Online

chronic fatigue syndrome

2017 Philosophy can teach children *The Guardian* January 9th, 2017

what Google can’t 161K daily Shared online: 70.5K times

2017 Philosophy Class *Irish Freethinker and* March/April 2017

*Humanist*

2017 Philosophy essential for all *Education Technology* April 23rd, 2017

Bi-monthly readership:

18.5K

2017 New Generation Interview on *AHRC* website, October 15th, 2017

Thinkers UK

2018 Going beyond the STEM Interview in *Pacific Standard* March 2nd, 2018

trend, Ireland pushes

philosophy

2018 UK doctors skeptical that AI *The Times of India* December 19th, 2018

could replace them: Study Monthly readership: 1.3m Available online

2018 British doctors skeptical that *The Week* December 19th, 2018

AI could entirely replace them Available online

2018 AI won’t replace us, docs say Interview in *IEEE Spectrum*  December 20th, 2018

Monthly views: 1.8m Available online

​

2019 Why do placebos work? *Gizmodo* October 28th, 2019

Available online

2019 The end of placebos is in sight *Wired* December 2nd, 2019

Available online

2020 Coronavirus: How can *The Irish Times* March 26th, 2020

philosophy help us during this Available online

time of crisis?

2020 Should psychotherapists open *Psychology Today* April 23rd, 2020

their notes to patients? Available online

(with John Torous)

2020 Treating patients like grown- *Medium* July, 12th 2020

ups: Open notes Available online

2020 Should mental health patients *Aeon/Psyche* July 22nd, 2020

see their doctors’ notes? Available online

2020 Opening mental health notes: *Psychology Today* October 19th, 2020

7 tips to prepare clinicians Available online

(with John Torous)

2020 Patients can read your clinical *Medscape* October 21st, 2020

notes starting November 2nd Available online

2020 Our patients should be allowed *The Irish Times* November 2nd, 2020

to examine their medical notes Available online

2021 Don’t fear patients reading *Medscape* February 11th, 2021

their clinical notes: Opinion Available online

(with Tom Delbanco)

2021 Boosting engagement with care: *Psychology Today* March 24th, 2021

Emerging, existing, and Available online

underutilized technology

solutions that you can use

today (with John Torous)

2021 Starting Monday, patients can *Medscape* April 1st, 2021

read your notes: 5 key things Available online

(Interview with Nick Mulcahy)

2021 Should you read the notes *Psychology Today* April 4th, 2021

your doctor writes about you? Available online

(Interview with Dr Dustin

Ballard)

2021 New U.S. federal law to *Cambia Health Foundation* April 5th, 2021

to ensure easy access to Available online

patient health information

2021 While empowering patients, *HemOnc Today* May, 10th 2021

oncology open notes may Available online

add to physician workload

(Interview with Jennifer Byrne)

Television and Radio:

2011 Why Northern Ireland Interview on Arts Extra July 19th, 2011

needs to think more *BBC Radio Ulster*

and talk less Listenership: 15K nightly

2011 Philosophy in schools Interview on Arts Extra September 20th, 2011

*BBC Radio Ulster*

Listenership: 15K nightly

2012 The placebo effect and patient Essay on Nightwaves June 20th, 2012

deception *BBC Radio 3* Available online

Listenership: 200K

2012 Review of ‘Saving Lives’ Interview with Samira October 11th, 2012

Medical Exhibition at the Ahmed. *BBC Radio 3* Available online

Imperial War Museum North, Listenership: 200K

Manchester, UK

2012 The Medicine Game Recorded live at the November 5th, 2012

*Free Thinking Festival*, Available online

Gateshead, and

broadcast on Nightwaves

*BBC Radio 3*

Listenership: 200K

2013 Panel discussion on the role Interviewed on Sunday March 24th, 2013

of the placebo effect in Sequence,

primary care *BBC Radio Ulster.*

Listenership: 10K

2013 Writer & presenter of a *BBC Arts & Culture* April 10th, 2013

short film on the placebo Available online

effect for BBC TV

2014 Panel discussion on DSM-V. Interview with Anne McEvoy May 8th, 2014

*BBC Radio 3* Available online

Listenership: 200K

2015 Interview on the need for Interview on the George May 4th, 2015

Philosophy in Irish schoolsHook Show

*Newstalk Radio*

Listenership: 128K daily

2015 Interview on evolutionary Interviewed by Jonathan December 5th, 2015

psychology and philosophy of McCrea on Future Proof Available online

medicine *Newstalk Radio.*

Listenership: 50K

2015 10 Things to Know About… Interview with Kathriona December 7th, 2015

Pain Devereux for “10 Things to

Know About…” science show

*RTE One*

2016 Interview on Facebook Interviewed by Henry Shinn March 24th, 2016

Depression. TBS Primetime,

Seoul, South Korea.

2016 Interview on launch of Interview on the George August 30th, 2016

*Philosophy Ireland* Hook Show

*Newstalk Radio*

Listenership: 128K daily

2016 Documentary on Interview on medical October 19th, 2017

Dr John Bodkin Adams ethics and professionalism

for *TG4*

2017 Philosophy in schools Interview on Sunday January 15th, 2017

Sequence

*BBC Radio Ulster*

Listenership: 10K weekly

2019 The Placebo Paradox Interview February 18th, 2019

*BBC Radio Four*

2019 Interview on survey findings Interview on the Newstalk July 6th, 2019

on anxiety and depression Breakfast Show with Susan

among Irish youth Keogh

*Newstalk Radio*

Listenership: 128K daily

2019 Interview for documentary Futurevisions: Could September 3rd, 2019

on philosophy & the philosophy save Ireland?

knowledge economy in Ireland *RTE One*

2020 Interview on the relevance of Interview with Ivan Yates March 26th 2020

philosophy to the Coronavirus The Hard Shoulder

pandemic *Newstalk Radio*, Dublin

Ireland

Speaking Festivals/Video/Website Presentations:

2013 Panel discussion on the Chaired by Dr Iona Heath November 17th, 2013

medical humanities. Former President of Royal Available online

College of GPs, UK

Medicine Unboxed,

Cheltenham

2014 Hypocritical Oaths: TEDx Fulbright Dublin. April 5th, 2014

Medicine’s dirty secrets Smock Alley Theatre Available online

Viewers:13.5K

2015 Philosophy is a right TEDx UCD, Dublin December 4th, 2015

University College Dublin Available online

Viewers: 3.2K

2016 Rebooting education Summer Festival July 1st 2016

For Generation 2.0 University College Dublin

2016 The future ‘art’ of Invited speaker at Inspirefest July 1st, 2016

medicine Bord Gais Theatre, Dublin Available online

Audience: 1K

2016 Philosophy is a right Invited keynote speaker November 17th, 2016

World Philosophy Day

SAPERE AGM

Royal National Hotel

Central London

2016 Philosophy for all Invited speaker November 19th, 2016

President of Ireland

Reception for

*Philosophy Ireland*

World Philosophy Day

Aras an Uachtarain

Dublin

2017 Philosophy for everyone Philosophy in schools and February 1st, 2017

the community

The Storey Institute

Lancaster, Lancashire, UK

2017 Panel discussion on the British Academy Event March 23rd, 2017

‘Machines, morality and the School of Law Available online

future of healthcare’ Queen’s University, Belfast

2018 Interview on the role of 101 Ways We Learn January 21st, 2018

context on learning Podcast

School of Education,

University College Dublin

2020 New US Law Mandates Patient Annals Author Insight Video October 13th, 2020

Access to their Clinical Notes Website video

Annals of Internal Medicine

USA

**REPORT OF SCHOLARSHIP**

Peer-Reviewed Scholarship in Print or Other Media:

Research Investigations: \*first or last authorship

1. **Blease C**. (2010). Scientific progress and the prospects for culture-bound syndromes. *Studies in History and Philosophy of Science Part C: Studies in History and Philosophy of Biological and Biomedical Sciences*, *41*(4), 333-339.
2. **Blease C**. (2010). Deception as treatment: the case of depression. *Journal of medical ethics*, *37*(1):13-16.
3. **Blease C**. (2012). The principle of parity: the ‘placebo effect’ and physician communication. *Journal of medical ethics*, *38*(4), 199-203.
4. **Blease C.** (2012). Electroconvulsive therapy, the placebo effect and informed consent. *Journal of medical ethics*, *39(3)*: 166-170.
5. **Blease C.** (2012). Electroconvulsive therapy: the importance of informed consent and ‘placebo literacy’. *Journal of medical ethics*,*39*(3): 175-176.
6. **Blease C.** (2012). Mental health illiteracy? Perceiving depression as a disorder. *Review of General Psychology*, *16*(1), 59.
7. **Blease C**. (2014). The duty to be Well-informed: The case of depression. *Journal of medical ethics*, *40*(4), 225-229.
8. **Blease C.** (2015). Too many ‘friends’, too few ‘likes’? Evolutionary psychology and ‘Facebook depression’. *Review of General Psychology*, *19*(1), 1.
9. **Blease C.** (2015). Talking more about talking cures: cognitive behavioral therapy and informed consent. *Journal of medical ethics*, *41*(9), 750-755.
10. **Blease C.** (2015). Authorized concealment and authorized deception: Well-intended secrets are likely to induce nocebo effects. *The American Journal of Bioethics*, *15*(10), 23-25.
11. \***Blease C.,** Colloca, L., & Kaptchuk, T. J. (2016). Are open‐Label Placebos Ethical? Informed Consent and Ethical Equivocations. *Bioethics*. *30*(6): 407-414.
12. Gaab J, **Blease C**., Locher C, Gerger H. (2016). Go open: A plea for transparency in psychotherapy. *Psychology of Consciousness: Theory, Research, and Practice*, *3*(2), 175-198.
13. **\*Blease C R**, Lilienfeld S O, Kelley JM. (2016). Evidence-based practice and psychological treatments: the imperatives of informed consent. *Frontiers in psychology*, *7*: 1170 doi: 10.3389/fpsyg.2016.01170.
14. Geraghty, K. J., & **Blease, C.** (2016). Cognitive behavioral therapy in the treatment of chronic fatigue syndrome: A narrative review on efficacy and informed consent. *Journal of Health Psychology* 23(1):127-138.
15. **Blease, C.** (2016). In defense of utility: the medical humanities and medical education. *Medical humanities*, *42*(2), 103-108.
16. **\*Blease, C**., Trachsel, M., & Grosse Holtforth, M. (2016). Paternalism, Placebos, and Informed Consent in Psychotherapy. *Verhaltenstherapie*, *26*(1), 22-30.
17. **\*Blease, C**., Carel, H., & Geraghty, K. (2016). Epistemic injustice in healthcare encounters: evidence from chronic fatigue syndrome. *Journal of Medical Ethics* 43:549-557.
18. Corr, M., Roulston, G., King, N., Dornan, T., **Blease, C**., & Gormley, G. J. (2017). Living with ‘melanoma’… for a day: a phenomenological analysis of medical students’ simulated experiences. *British Journal of Dermatology* 177(3):771-778.
19. **\*Blease, CR**, Bishop, F, Kaptchuk, TJ. (2017). Informed consent and clinical trials: Where is the placebo effect? *BMJ: British Medical Journal* 356 (online first).
20. **Blease, C**. (2017). Philosophy’s territorialism: Scientists can talk about values too. *Philosophy, Psychiatry and Psychology* 24(3):231-234.
21. **\*Blease, C**., Kelley, J. M., Trachsel, M. (2017) Informed consent in psychotherapy: Implications of evidence-based practice. *Journal of Contemporary Psychotherapy* 48(2):69-78.
22. \*Gaab, J., Locher, C., **Blease, C**. (2018) Placebo and psychotherapy: Differences, similarities, and implications. *International Review of Neurobiology* [138:241-245.](https://doi.org/10.1016/bs.irn.2018.01.013)
23. \***Blease, C**. (2018). Psychotherapy and placebos: Manifesto for conceptual clarity. *Frontiers in Psychiatry* 9, 379.
24. **\*Blease, C.**, Annoni, A., Hutchinson, P. Editors’ Introduction to Special Section on Meaning Response and the Placebo Effect. *Perspectives in Biology and Medicine* 61(3):349-352.
25. **Blease, C**. (2018). Consensus in placebo studies: Lessons from the philosophy of science. *Perspectives in Biology and Medicine* 61(3):412-430.
26. \*Annoni, M. & **Blease, C**. (2018) A critical (and cautiously optimistic) appraisal of Moerman’s meaning response. *Perspectives in Biology and Medicine* 61(3):349-352.
27. \*Locher, C., Gaab, J., **Blease, C**. (2018). When a placebo is not a placebo: Problems and solutions to the gold standard in psychotherapy research. *Frontiers in Psychology* 9, 2317.
28. \***Blease, C.** & Geraghty, K. (2018). Are ME/CFS organizations ‘militant’? Patient protest in a medical controversy. *Journal of Bioethical Inquiry* 1-9.
29. \*Geraghty, K. J., & **Blease, C**. (2018). Myalgic encephalomyelitis/chronic fatigue syndrome and the biopsychosocial model: a review of patient harm and distress in the medical encounter. *Disability and rehabilitation*, 1-10.
30. \*Friesen, P., & **Blease, C**. (2018). Placebo effects and racial and ethnic health disparities: An unjust and underexplored connection. *Journal of medical ethics*, 44(11): 774-781.
31. [Evers, A. W. M](https://www.ncbi.nlm.nih.gov/pubmed/?term=Evers%20AWM%5BAuthor%5D&cauthor=true&cauthor_uid=29895014). , [Colloca L](https://www.ncbi.nlm.nih.gov/pubmed/?term=Colloca%20L%5BAuthor%5D&cauthor=true&cauthor_uid=29895014)., **[Blease C](https://www.ncbi.nlm.nih.gov/pubmed/?term=Blease%20C%5BAuthor%5D&cauthor=true&cauthor_uid=29895014)**., et al. (2018). Implications of Placebo and Nocebo Effects for Clinical Practice: Consensus of a Group of Experts. *[Psychotherapy and Psychosomatics](https://www.ncbi.nlm.nih.gov/pubmed/29895014" \o "Psychotherapy and psychosomatics.)* [87(4): 204-210.](https://www.ncbi.nlm.nih.gov/pubmed/29895014" \o "Psychotherapy and psychosomatics.)
32. \***Blease, C.,** Bernstein, M.H., Gaab, J., Kaptchuk, T.J., Kossowsky, J., Mandl, K.D., Davis, R.B. and DesRoches, C.M., (2018). Computerization and the future of primary care: A survey of general practitioners in the UK. *PloS one*, *13*(12), p.e0207418
33. **\*Blease, C.R.** and Kelley, J.M., 2018. Does Disclosure about the Common Factors Affect Laypersons’ Opinions About How Cognitive Behavioral Psychotherapy Works? *Frontiers in Psychology*, *9*, p.2635.
34. **\*Blease, C.**, Kaptchuk, T. J., Bernstein, M. H., Mandl, K. D., Halamka, J. D., DesRoches, C. M. (2019). Artificial intelligence and the future of primary care: An exploratory study of UK GPs' views. *Journal of Medical Internet Research* 21(3).
35. **\*Blease, C.,** Annoni, M. (2019). Overcoming disagreement: A roadmap for placebo studies. *Biology and Philosophy* 34(2):18.
36. Geraghty, K., Jason, L., Sunnquist, M., Tuller, D., **Blease, C.**, & Adeniji, C. (2019). The ‘cognitive behavioural model’of chronic fatigue syndrome: Critique of a flawed model. *Health Psychology Open*, *6*(1), 2055102919838907.
37. **\*Blease, C.**, Bell, S. K. (2019). Patients as diagnostic collaborators: Sharing visit notes to promote accuracy and safety. *Diagnosis* 6(3): doi: <https://doi.org/10.1515/dx-2018-0106>
38. **\*Blease, C.,** Bernstein, M. H., Locher, C. (2019). Open-label placebo clinical trials: Is it the rationale, the interaction, or the pill? *BMJ Evidence-Based Medicine*
39. **Blease, C.** (2019). The role of placebos in family medicine: Implications of evidence and ethics for general practitioners. *Australian Journal of General Practice* 48(10):8-12.
40. Kube, T., **Blease, C**., Ballou, S. & Kaptchuk, T. J. (2019). Hope in medicine: Applying multidisciplinary insights. *Perspectives in Biology and Medicine* 62(4):591-616.
41. Bernstein, M., Magill, M., Weiss, A.-P., Kaptchuk. T. J., **Blease, C**., Kirsch, I., Rich, J., Becker, S., Mach, S., Beaudoin, F. (2019). Are conditioned open placebos feasible as an adjunctive treatment to opioids? Results from a single-group dose-extender pilot study with acute pain patients. *Psychotherapy and Psychosomatics* 88 (6), 380-382.
42. Doraiswamy, P. M., **Blease, C.,** & Bodner, K. (2020). Artificial intelligence and the future of psychiatry: Insights from a global physician survey. *Artificial Intelligence in Medicine*, *102*, 101753.
43. Locher, C., Gaab, J., **Blease, C.,** Inderbinen, M., Kost, L., & Koechlin, H. (2019). Placebos are part of the solution, not the problem. An exemplification on the case of antidepressants in pediatric chronic pain conditions. *Frontiers in Psychiatry*, *10*, 998.
44. **\*Blease, C.,** O'Neill, S., Walker, J., Hägglund, M., Torous, T. (2020). Sharing notes with mental health patients: Balancing risks with respect. *The Lancet Psychiatry*.
45. \***Blease, C.,** Arnott, T., Kelley, J. M., Proctor, G., Kube, T., Gaab, J., Locher, C. (2020) Attitudes about informed consent: An exploratory analysis of UK psychotherapy trainees. *Frontiers in Psychiatry*, 11, 183.
46. \***Blease, C**., Fernandez, L., Bell, S. K., Delbanco, T., DesRoches, C. M. (2020). Empowering patients and reducing inequities: Is there potential in sharing clinical notes? *BMJ Quality and Safety*
47. \*Bernstein, M. H.; Locher, C., Stewart-Ferrer, S.; Buergler, S., DesRoches, C. M., Dossett, M., Miller F. G., Grose, D., **Blease, C.** (2020) Primary Care Providers’ use of and attitudes towards placebos: An exploratory focus group study with US physicians. *British Journal of Health Psychology*
48. \*Bernstein, M. H., Locher, C., Kube, T., Buergler, S., Stewart-Ferrer, S., **Blease, C**. (2020). Putting the ‘Art’ into the ‘Art of Medicine’: The Under-Explored Role of Artifacts in Placebo Studies. *Frontiers in Psychology,* 11:1354.
49. Gaab, J., Annoni, M., **Blease, C.**, Gerger, H., Locher, C. (2020). The good treatment: A biopsychosocioethical proposition. *Perspectives in Person-Centered Healthcare.* *European Journal for Person Centered Healthcare* 8 (2), 201-206
50. **\*Blease, C.**, Salmi, L., DesRoches, C. M. (2020). Open notes in cancer care: Coming soon to patients. *The Lancet Oncology* 21(9), 1136-1138.
51. **\*Blease, C**., Delbanco, T., Torous, J., Ponten, M., DesRoches, C. M., Hagglund, M., Walker, J., Kirsch, I. (2020). Sharing Clinical Notes, and Placebo and Nocebo Effects: Can documentation affect patient health? *Journal of Health Psychology* 1359105320948588.
52. [Evers, A. W. M](https://www.ncbi.nlm.nih.gov/pubmed/?term=Evers%20AWM%5BAuthor%5D&cauthor=true&cauthor_uid=29895014). , [Colloca L](https://www.ncbi.nlm.nih.gov/pubmed/?term=Colloca%20L%5BAuthor%5D&cauthor=true&cauthor_uid=29895014)., [**Blease C**](https://www.ncbi.nlm.nih.gov/pubmed/?term=Blease%20C%5BAuthor%5D&cauthor=true&cauthor_uid=29895014)., et al. (2020). What Should Clinicians Tell Patients about Placebo and Nocebo Effects? Practical Considerations from Expert Consensus. [*Psychotherapy and Psychosomatics* 90(1): 49-56.](https://www.ncbi.nlm.nih.gov/pubmed/29895014)
53. Dimos-Dimitrios D. M., **Blease, C**., Carlino, E., Colloca, L., Geers, A. L., Howick, J., Evers. A. W. M., Flaten. M. A., Kelley, J. M., Kirsch, I., Klinger, R., Maassen van den Brink, A., Moerman, D. E., Sfikakis, P. S., Vase, L., Wager, T. D., Benedetti. F. (2020) European Headache Federation Recommendations for Placebo and Nocebo Terminology. *The Journal of Headache and Pain* 21(1): 1-7.
54. **\*Blease, C.,** Torous, J., Hagglund, M. (2020). Does patient access to clinical notes change documentation? *Frontiers in Public Health* 8: 578.
55. **\*Blease, C.** (2020). Psychotherapy is still failing patients: Revisiting informed consent – a response to Garson Leder. *Journal of Medical Ethics*
56. **\*Blease, C**., Walker, J., DesRoches, C. M., Delbanco, T. (2020). New U.S. Law Mandates Access to Clinical Notes: Implications for Patients and Clinicians. *Annals of Internal Medicine*
57. **\*Blease, C.,** Walker, J., Torous, J., O'Neill, S. (2020). Sharing Clinical Notes in Psychotherapy: A New Tool to Strengthen Patient Autonomy. *Frontiers in Psychiatry* 11.
58. Hägglund, M., **Blease, C**. and Scandurra, I., 2020. Mobile Access and Adoption of the Swedish National Patient Portal. *Studies in Health Technology and Informatics*, *275*, pp.82-86.
59. **\*Blease, C.,** Locher, C., Leon-Carlyle, M. and Doraiswamy, P.M. (2020). Artificial Intelligence and the Future of Psychiatry: Qualitative Findings from a Global Physician Survey. *Digital Health* 6, 2055207620968355
60. **\*Blease, C.R**., Kharko, A., Locher, C., DesRoches, C.M. and Mandl, K.D., (2020). US Primary Care in 2029: A Delphi Survey on the Impact of Machine Learning. *PLOS ONE* <https://doi.org/10.1371/journal.pone.0239947>
61. \*Annoni, M. & **Blease, C.** (2020). Persons over models: Shared person-centered healthcare. *Perspectives in Person-Centered Healthcare* 8(3):355-62.
62. Evers, A.W., Colloca, L., **Blease, C.,** Gaab, J., Jensen, K.B., Atlas, L.Y., Beedie, C.J., Benedetti, F., Bingel, U., Büchel, C. and Bussemaker, J., et al. (2020). What Should Clinicians Tell Patients about Placebo and Nocebo Effects? Practical Considerations Based on Expert Consensus. *Psychotherapy and Psychosomatics*, pp.1-8.
63. **\*Blease, C.,** O’Neill, S., Torous, J., DesRoches, C. M., Hagglund, M. (2021). Patient access to mental health notes: Motivating evidence-informed ethical guidelines. *Journal of Nervous and Mental Disease* 209:265-269.
64. \*Annoni, M., Buergler, S., Ferrer-Stewart, S., **Blease, C**. (2021). Placebo studies and patient care: Where are the nurses? *Frontiers in Psychiatry*
65. Salmi, L., **Blease, C**., Hägglund, M., Walker, J., DesRoches, C. M. (2021). US policy requires immediate release of records to patients. *BMJ* 2021; 372 doi: <https://doi.org/10.1136/bmj.n426>
66. **\*Blease, C.,** Dong, Z., Torous, J., Walker, J., Hägglund, M., DesRoches, C. M. (2021). Association of patients viewing medical notes and adherence to medications among persons with serious mental illness. *JAMA Network Open* 2021;4(3):e212823
67. Evers, A.W., Colloca, L., **Blease, C.,** Gaab, J., Jensen, K.B., Atlas, L.Y., Beedie, C.J., Benedetti, F., Bingel, U., Büchel, C. and Bussemaker, J., et al. (2021). Consensus on Placebo and Nocebo Effects Connects Science with Practice: Reply to “Questioning the Consensus on Placebo and Nocebo Effects”*.* *Psychotherapy and Psychosomatics*, doi:10.1159/000514435
68. **\*Blease, C.,** Torous, J., Kharko, A., DesRoches, C., Harcourt, K., O’Neill, S., Salmi, L., Wachenheim, D., Hägglund, M. (2021). Preparing Patients and Clinicians for Open Notes in Mental Health: A Qualitative Inquiry of International Experts. *JMIR Mental Health.* 8(4)
69. **\*Blease, C.**, Kharko, A., Annoni, M., Gaab, J., Locher, C. (2021). Machine Learning in Clinical Psychology and Psychotherapy Education: A Mixed Methods Pilot Survey of Postgraduate Students at a Swiss University. *Frontiers in Public Health*
70. O’Neill, S., **Blease, C**., Delbanco, T. (2021) Open Notes Become Law: A challenge for mental health practice. *Psychiatric Services.*
71. Bernstein, M.H., Fuchs, N., Rosenfield, M., Weiss, A., **Blease, C**., Locher, C., Magill, M., Rich, J.D., Beaudoin, F. (2021). Treating pain with open-label placebos: A qualitative study with post-surgical pain patients.*The Journal of Pain*
72. \*[**Blease, C.**, Salmi, L., Rexhepi, H., Hägglund, M., DesRoches, C. (2021). Patients, clinicians and open notes: information blocking as a case of epistemic injustice. *Journal of Medical Ethic*s.doi:10.1136/ medethics-2021-107275](https://jme.bmj.com/content/early/2021/05/13/medethics-2021-107275.full?ijkey=pvVC4DnHCg6Panq&keytype=ref)
73. **\*Blease, C**., Salmi, L., Hägglund, M., Wachenheim, D., DesRoches, C. (2021) COVID-19 and open notes: A new method to enhance patient safety. *JMIR Mental Health*.

Other Peer-Reviewed Scholarship:

**Peer-Reviewed Chapters:**

1. **Blease, C.** (2011). Eliminative Materialism. In M. Bruce & S. Barbone (Editors) *Just the Arguments: 100 of the Most Important Arguments in Western Philosophy*, (Oxford: Wiley-Blackwell) 348-349.
2. **Blease, C**. (2014). Chapter 10. Stigmatizing depression: Folk theorizing and ‘the Pollyanna Backlash’. In H. Carel and R. Cooper (Editors) *Health, Illness and Disease: Philosophical Essays* (Acumen): 175-188.
3. **\*Blease, C.,** & Cooper, R. (2015) Kuhn, Thomas S. (1922–96). In R. Cautin & S. Lilienfeld *The Encyclopedia of Clinical Psychology* (Oxford: Wiley-Blackwell)
4. Cooper, R., & \***Blease, C.** (2015). Duhem–Quine Thesis. In R. Cautin & S. Lilienfeld *The Encyclopedia of Clinical Psychology* (Oxford: Wiley-Blackwell)
5. **\*Blease, C.,** & Cooper, R. (2015). Kuhnian paradigms. In R. Cautin & S. Lilienfeld *The Encyclopedia of Clinical Psychology* (Oxford: Wiley-Blackwell)
6. **Blease, C. R**. (2015). Informed Consent, the Placebo Effect and Psychodynamic Psychotherapy. In *New Perspectives on Paternalism and Health Care* (pp. 163-181). Springer International Publishing.
7. **Blease, C**. (2020). Philosophy Ireland: Launching a national philosophy network. *Philosophy and Community: Theories, Practices, Possibilities*. Edited by A. Fulford (London, UK: Bloomsbury Press).
8. **\*Blease, C**., Kelley, J. M., Trachsel, M. (2020). Patient information on evidence and clinical effectiveness. *The Oxford Handbook of Psychotherapy Ethics.* (Oxford: Oxford University Press).
9. Grosse Holtforth, M., Locher, C., Gómez Penedo, J. M., **Blease, C.,** Castonguay, L. G. (2020). Psychotherapy integration as an ethical practice. *The Oxford Handbook of Psychotherapy Ethics.* (Oxford: Oxford University Press).

**Non-Peer Reviewed scholarship in Print or Other Media:**

Reviews, Chapters, Monographs and Editorials:

**Reviews:**

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| 1. **Blease, C. R**. (2015). Missing the Boat: CSR Needs Empirically Literate Philosophers [review]. *Journal for the Cognitive Science of Religion*, *3*(1), 43. 2. Locher, C., Gaab, J., Loughlin, M., \***Blease, C**. (2018). Book Review: After placebo – In medical research and clinical practice, by Robin Nunn. *Journal of Evaluation in Clinical Practice* 24:1265-1267. |

**Chapters:**

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| 1. **Blease, C. R**. (2015). Is psychology a license to deceive? In. J. Humphreys *Unthinkable: Great Ideas for Now* (Dublin: Irish Times Books). |

**Editorials:**

1. Bowman, D., & **Blease, C**. (2016). Scholar spotlight on Dr Charlotte Blease and Prof Allan Peterkin. Medical Humanities 42: 200-204
2. **\*Blease, C.,** & Kirsch, I. (2016). The placebo effect and psychotherapy: Implications for theory, research, and practice. *Psychology of Consciousness: Theory, Research, and Practice*, *3*(2), 105. Introduction to a guest edited special issue entitled ‘The Placebo Effect and Psychotherapy’.
3. **\*Blease, C.,** Annoni, M., Hutchinson, P. (2018). Rethinking the therapeutic role of meaning in medicine. *Perspectives in Biology and Medicine* 61(3).Introduction to guest edited special issue on the meaning response in medicine.

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1. **Blease, CR**. Paul Churchland’s Arguments for Eliminative Materialism. Queen’s University, Belfast. Dec 2008.

**NARRATIVE REPORT**

My research profile is unusually diverse with a publication portfolio that ranges across philosophy, cognitive science, digital health, and medical and psychotherapy ethics. A former Fulbright Scholar, I have a strong track record in research excellence across these disciplines with over 60 publications in leading peer reviewed journals and book chapters. A strong advocate that researchers should communicate their findings to the tax-payers who funded it, for many years I have been active in translating and disseminating my scholarship to the public.

To date my research has focused on three main interdisciplinary themes: (1) the psychology of the practitioner-patient encounter as it pertains to the delivery of care; (2) technological advancements that might address current shortcomings in the delivery of care; and (3) the communication of transparent, evidence-based information to healthcare patients.

My PhD (2008) (“*Paul Churchland’s Arguments for Eliminative Materialism*”) investigated the relationship between psychology and neuroscience as well as the nature of interdisciplinarity in the sciences. Since then my scholarship has emphasized the importance within interdisciplinary research, of clarification about the level of analysis at which scientists are working. This is important in expediting and productively linking research programs across multiple levels within the sciences.

For over a decade my research has been based in placebo studies where I have been particularly motivated by questions relating to informed consent procedures, and conceptual and methodological issues pertaining to placebo terminology and its scientific application. As a result of my philosophical and scientific investigations I have pioneered explorations into the epistemology of placebos in clinical trials, and into ethical, informed consent to psychological treatments. Recognized the need to connect bridge psychotherapy research with ethics, I hosted an international, multidisciplinary workshop at the Brocher Fondation, Geneva, Switzerland. This workshop marked the emergence of the Society for Interdisciplinary Placebo Studies (SIPS) of which I am both a Founding and Steering Group Committee member. In 2017 I was awarded Fulbright and Marie-Curie Scholarships to visit the Program in Placebo Studies, Beth Israel Deaconess Medical Center, Harvard Medical School.

In 2019 I was appointed a Keane Visiting Scholar at OpenNotes, Division of General Medicine, Beth Israel Deaconess. This appointment combines my interests in ethical innovations in digital health, and in healthcare ethics – in particular, transparency in health communication and respect for patient autonomy. My current research focuses on ethical and practice issues pertaining to sharing clinical notes with mental health patients. Since 2019 my research into open notes has been published in leading medical journals including *Lancet Psychiatry*, *BMJ Quality and Safety*.

Outside of healthcare research I am passionate about public understanding of healthcare and philosophy. On numerous occasions, I have written for the public press, and spoken on radio and at public festivals. A strong advocate of the importance of philosophical literacy as intrinsic to education, and to science, and I have endeavored to em-ed philosophical thinking within school education and the community. I am co-founder and Chair of Philosophy Ireland, a collective of academics, school teachers, community workers, and philosophy enthusiasts whose goal is to promote philosophical dialogue at every level of Irish society *(*[*www.philosophyireland.ie*](http://www.philosophyireland.ie)*).* This network builds on my teaching of philosophy to children in schools in Northern Ireland and the Republic of Ireland. In 2016 this network was officially recognized by the President of Ireland, Michael. D. Higgins held a reception to mark World Philosophy Day in 2016 at the Áras an Uachtaráin. For my accomplishments, alongside President of the Supreme Court in the UK, Lord Neuberger and the public figure Stephen Fry, in 2016 I was appointed Patron of SAPERE the UK’s leading educational charity devoted to training teachers in philosophy for children.